

## CONTACT US

Can we help you?

Can you help us by volunteering?



## HOW TO GET IN TOUCH WITH US...

### Support for Carers

Unit 4, Londesborough Road Business Park  
64-66 Londesborough Road  
Scarborough YO12 5AF

**Telephone:** 01723 364808

*(Please leave a message if we are out of the office)*

**e-mail:** [info@scarboroughsupportforcarers.org](mailto:info@scarboroughsupportforcarers.org)

**[www.scarboroughsupportforcarers.org](http://www.scarboroughsupportforcarers.org)**

 **Support for Carers Scarborough**

*Support for Carers Scarborough is an independent charity funded in part by NYC. Charity Number: 104925*

*"HAVING A VOLUNTEER VISITOR HAS ALLOWED ME TO HAVE TIME TO MYSELF TO DO THINGS THAT I WOULD OTHERWISE BE UNABLE TO DO"*



## SUPPORT FOR CARERS SCARBOROUGH & DISTRICT

Reaching out - Connecting - Supporting



### Through:

- ✓ Giving carers a break
- ✓ Weekly and monthly social groups
- ✓ Volunteering opportunities

Charity Number: 104925



# SUPPORT FOR CARERS SCARBOROUGH & DISTRICT

Reaching out - Connecting - Supporting

## ABOUT US

Support for Carers is a local voluntary organisation and registered charity. We are a small team who work alongside a fantastic team of volunteers to visit the many local people who we support.

## ABOUT OUR SERVICES

We provide social and emotional support to carers and the people they care for.

### Volunteer Visitors

Our volunteers visit fortnightly or regularly for a couple of hours which enables a carer to have a break from their caring responsibilities.

This service is free, and volunteers' expenses are met by the organisation.

### Monthly Groups

We offer both weekly and monthly events for people to relax, enjoy something different and connect with others.

Please contact us for more information.

*Be the reason  
someone smiles  
today*



## BE A BUDDY

We rely on our valued volunteer team to visit people for respite and relaxation, or to drive people to our events. If you can spare some time on a regular basis and would like to be a buddy to someone local to you, we'd love to hear from you!

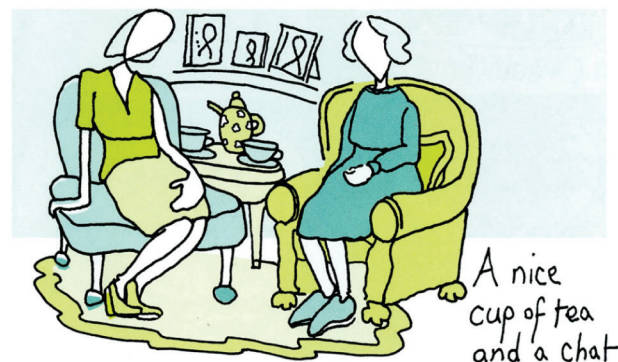
## FIND OUT MORE

Visit our website

[www.scarboroughsupportforcarers.org](http://www.scarboroughsupportforcarers.org)



Follow us on Facebook for regular updates and news.



We have agreed policies on confidentiality, equal opportunities and complaints.

Please contact us if you would like copies.